

# 📄 The Capsule 📄

May 2021



## Backordered Meds

- Unasyn 1.5gm
- Dexilant 60mg

## New Generics

- Brinzolamide Opth. Susp.  
(brand name: Azopt Opth.)
- Asenapine Maleate SubL. Tab  
(brand name: Saphris)



## Medication and Fall Prevention

Falls are the number one cause of injury and death for older adults, according to the CDC.

- Each year, 3 million older people are treated in emergency departments for fall injuries.
- Each year at least 300,000 older people are hospitalized for hip fractures.

Key assessment items to determine falls risks			
Patient Presentations	Medications	Resident Equipment	Mobility
Age	Opiates	IV Infusions	Unsteady gait
Fall history	Antihistamines	Indwelling catheter	Visual/hearing impairment
Call bell within reach	Diuretics	Environmental & Personal items	Cognition challenges
Bowel and Bladder Elimination	Psychotropics (Hypnotics, anticonvulsants, anxiolytics, etc.)	Location of furniture and mobility aids	

## Follow the 7 P's to help with Fall Prevention

1. **Pain:** Assess the patient's pain level. Provide pain medicine if needed.
2. **Personal Needs:** Offer help using the toilet; offer hydration, offer nutrition, empty commodes/urinals.
3. **Position:** Help the patient get into a comfortable position or turn immobile patients to maintain skin integrity.
4. **Placement:** Make sure patients essential needs (call light, phone, reading material, toileting equipment, etc.) are within easy reach.
5. **Prevent Falls:** Ask patient/family to put on call light if patient needs to get out of bed.
6. **Pattern:** Do you see a pattern in the fall you experience? i.e. meals times or bedtime. Create a toileting program if needed
7. **Pills:** Are your patients on unnecessary medications that may contribute to falls? Consult with Pharmacist to determine need.

## The Johnson and Johnson Vaccine is Cleared for Use

The FDA and CDC have determined the following:

- Use of the Janssen COVID-19 Vaccine should be resumed in the United States.
- The FDA and CDC have confidence that this vaccine is safe and effective in preventing COVID-19.
- The FDA has determined that the available data show that the vaccine's known and potential benefits outweigh its known and potential risks in individuals 18 years of age and older.
- At this time, the available data suggest that the chance of TTS occurring is very low, but the FDA and CDC will remain vigilant in continuing to investigate this risk.

## When You Have Been Fully Vaccinated

### In general, people are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

### If you have been fully vaccinated:

- You can gather indoors with fully vaccinated people without wearing a mask or staying 6 feet apart.
- You can gather indoors with unvaccinated people of any age from one other household (for example, visiting with relatives who all live together) without masks or staying 6 feet apart, unless any of those people or anyone they live with has an increased risk for severe illness from COVID-19.
- You can gather or conduct activities outdoors **without** wearing a mask except in certain crowded settings and venues.

For more information visit the following sites:

- [CDC Older Adult Fall Prevention- www.cdc.gov/steady/index.html](http://www.cdc.gov/steady/index.html)
- [National Council on Aging: Fall Prevention Tip Sheet- www.ncoa.org/article/get-the-facts-on-falls-prevention](http://www.ncoa.org/article/get-the-facts-on-falls-prevention)
- [Fact Sheet Medications Linked To Falls \(cdc.gov\)- www.cdc.gov/steady/pdf/steady-factsheet-medslinkedtofalls-508.pdf](http://www.cdc.gov/steady/pdf/steady-factsheet-medslinkedtofalls-508.pdf)