

When I'm at the doctors and don't know where to put my pee sample



## — The Capsule —

# November 2020

### **MEDICATION ADMINISTRATION TIPS\***

All medication orders must be verified prior to administration

#### **6 RIGHTS OF MEDICATION ADMINISTRATION**

- 1. Resident:**
  - a. Use **2 identifiers** (Name, date of birth, picture, wristband)
  - b. Must attempt to verify ID regardless of resident's ability to participate
- 2. Medication:** Medication must match prescribed order
- 3. Dose:** Dosage must match the order, and the order must be at a safe dosage level
- 4. Route:** PO, IM, IV, must be appropriate for the medication and the resident
- 5. Time:** Must adhere to the prescribed frequency and time of administration
- 6. Documentation:** Document administration and all necessary information

### **Weekend Hours Reminder**

**Saturday – Sunday: 2pm – 5pm**

- New admission orders and new orders for existing residents are processed on the weekend.
- Refills are not routinely filled on the weekend. They are filled Monday morning.
- If a refill is urgently needed on the weekend, please call the pharmacy or on call pharmacist directly to ensure resident receives their medication.

#### **State Regulation Regarding Medication Errors**

***F760: The facility must ensure that its—  
§483.45(f)(2) Residents are free of any significant medication errors.***

#### **DEFINITIONS**

**“Medication Error”** means the observed or identified preparation or administration of medications or biologicals which is not in accordance with:

1. The prescriber's order;
2. Manufacturer's specifications (not recommendations) regarding the preparation and administration of the medication or biological; or
3. Accepted professional standards and principles which apply to professionals providing services. Accepted professional standards and principles include the various practice regulations in each State, and current commonly accepted health standards established by national organizations, boards, and councils.

<b>Oral Medications</b>	<ul style="list-style-type: none"> <li>▪ DO NOT CRUSH medications that are ENTERIC COATED or TIME-RELEASED</li> <li>• Mixing crushed medications <b>requires an “ok to cocktail medications” order</b></li> <li>▪ Make sure head of bed is elevated at <b>30-45 degrees</b> prior to medication administration</li> <li>▪ Do not leave medications at bedside</li> </ul>
<b>Injected Medications</b>	<ul style="list-style-type: none"> <li>▪ Insulin vial or pen must have <b>resident specific</b> pharmacy label affixed</li> <li>• Insulin pens must be <b>primed with 2 units</b> prior to administering dose</li> <li>• Hold insulin pen to skin until <b>10 seconds</b> after dial reads 0</li> <li>▪ IM/SQ injection sites are <b>rotated and documented</b></li> <li>▪ Label all mixed IV bags <b>PRIOR TO</b> administering</li> <li>▪ Injections site must be <b>documented</b> after administration</li> </ul>
<b>Medications administered via gastrostomy tube</b>	<ul style="list-style-type: none"> <li>▪ Confirm G-tube placement <b>prior to administering</b> medication via auscultation</li> <li>▪ Check residual volume (Aspirate tube prior to giving medication or feeding)</li> <li>▪ Crush all medication and place in <b>separate pill cups</b> to administer separately</li> <li>▪ Mixing crushed medications <b>requires an “ok to cocktail medications” order</b></li> <li>▪ Make sure head of bed is elevated at <b>30-45 degrees</b> prior to medication administration</li> <li>▪ <b>Flush tube</b> with warm water prior to administration, between each medication, and after completion of medication administration (15-30 mL or prescribed amount)</li> </ul>
<b>Topical Medications</b>	<ul style="list-style-type: none"> <li>▪ <b>ROTATE and DOCUMENT SITES</b> of transdermal patches</li> <li>▪ Order <b>CANNOT</b> read “administer to affected area”</li> </ul>
<b>Eye Drops</b>	<ul style="list-style-type: none"> <li>▪ Allow <b>3-5 minute</b> spacing between administration of <b>differing</b> eye drops</li> <li>▪ <b>Gloves must be worn</b></li> </ul>
<b>Inhaled Medications</b>	<ul style="list-style-type: none"> <li>▪ Shake inhaler gently prior to administration</li> <li>▪ 1 minute spacing between puffs of <b>same</b> inhaler, 2 minutes spacing between puffs of <b>differing</b> inhalers</li> </ul>



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| <p><u>Backordered Meds</u></p> <ul style="list-style-type: none"> <li>- Generic ProAir</li> </ul> <p><u>New Generics</u></p> <ul style="list-style-type: none"> <li>- Insulin Aspart protamine-insulin Aspart.</li> </ul> |
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